

St. Joseph's Catholic Church



First Sunday of Lent

March 9, 2025

*"You must worship the Lord your God
and serve him alone."*

Mission Statement

Grounded in the gospel of Jesus Christ through liturgy, Eucharistic worship and outreach, St. Joseph's Parish calls the faithful to an active involvement in parish life and responsible participation in extending Christ – like values to the wider community.

Liturgy Schedule

Weekend

Saturday: 5:15 p.m.
Sunday: 9:00 a.m., 11:00 a.m.

Weekday

Monday 5:15 p.m.
Tuesday 9:00 a.m.
Wednesday 9:00 a.m.
Thursday 9:00 a.m.
Friday 5:15 p.m.

Holy Hour and Divine Mercy Prayers

Monday and Friday 4:00 p.m.

Sacraments

Baptism

Sunday after the 11:00 a.m. Mass – Registration required, please contact the Parish.

Confession

Monday, Friday & Saturday 4:00 p.m. – 5:00 p.m.

Marriage

Six months' notice is required, as well as a Marriage Preparation Course. Please contact the Parish.

Anointing

Please contact the Parish.

Parish Office Hours

Monday to Friday 8:30 a.m. – 4:30 p.m.;
(closed 12:00 noon – 1:00 p.m.)
Susan Lett, Parish Secretary

Parish Organizations

Parish Finance Committee
Parish Pastoral Council
Catholic Women's League

Knights of Columbus, 11670
Lectors
Eucharistic Ministers
Ministry to Sick & Homebound

Ministry to Seniors (Cards)
Ministry at Extencicare
Ushers
Sacristans
Culture of Life
Parish Engagement
Social Justice & Outreach Liaison
Funeral Choir
Junior Liturgy
Sacramental Preparation
Altar Servers
Youth Group

Music Ministry
Youth Choir

Parish Schools

St. Thomas More Catholic School - Sandra Fragoso, Principal
234 Norman Rogers Dr., Kingston, ON K7M 2R4
613-542-1575

St. Paul's Catholic School - Chantal Courneyea, Principal
266 McMahan Ave., Kingston, ON K7M 3H2
613-542-6101

Rev. Cosmas Ajawara
Ben Krasna
Kathi Colwell & Susan
Conway Williamson
Patrick Greenwood
Carol Kavanaugh
Carol Kavanaugh
Chris Jones & Monna
Splinter
Judy Saunders
Mary Clancy
Ian Stewart
Fran Price
Ben Krasna
Mary Clancy
Jane Watt
Shirley Kelliher
Sandra Fragoso
Alison Bogle
Kelly Canning
Alison Bogle and Nesa
Constantine
Theresa Whalen-Witjes
Sheila Fowler

392 Palace Road, Kingston, Ontario K7L 4T3 Tel. 613-547-5004

Email: stjoseph.kingston@archkingston.ca

Parish Website: www.stjosephskingston.ca

Rev. Cosmas Ajawara, Pastor

First Sunday of Lent

March 9, 2025

Introduction

In whom do we put our trust? Lent is the time we are asked to renew our trust in God and not be tempted by illusory substitutes. Through his own tempting by the devil in the desert Jesus shows us the way forward. He also reveals the challenges he will be faced with as he begins his public career.

First Reading: Deuteronomy 26:4-10

Moses gives the chosen people their first creed.

Second Reading: Romans 10:8-13

St. Paul gives the Christians their first creed.

Gospel: Luke 4:1-13

The Spirit leads Jesus through the wilderness where he is tempted by the devil.

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MASSES FOR THIS WEEK

Monday, 10 March

5:15 p.m. Elizabeth Blancher (4th Anniversary) – Frank Cuvelier

Tuesday, 11 March

9:00 a.m. Sheila Alarie – Chris Jones

Wednesday, 12 March

9:00 a.m. Ghislaine D’Aoust – Sandra Skebo

10:30 a.m. Extendicare

Thursday, 13 March

9:00 a.m. Antonio Almeida – The Family

Friday, 14 March

5:15 p.m. Venancio Dos-Santos – Bernadette Dos Santos Mendes & Family

Saturday, 15 March

5:15 p.m. Grant & Stanley Families – Dorothy Stanley

Sunday, 16 March

9:00 a.m. John Seymour – Chris & Cathy Seymour

11:00 a.m. People of the Parish

Join our online Mass Sunday's at 11:00 a.m. visit www.stjosephskingston.ca.

PRAYERS FOR THE DECEASED

You are asked to remember in prayer those recently deceased especially Marilyn Anson; Lee George.

PRAYERS FOR THOSE WHO ARE ILL

Please remember in your prayers the following: Donna V.; Paul Dowling; Rob Hearst; Sophie Wolfe; Barbara Anne Caron; Doreen Saunders; Brian Begbie; Godfrey A.; John Devette; Richard Devette; Kent Hawley; Susan Johnson.

If there are members of your family or friends who are ill or recently died, and for whom you wish prayers, please contact Susan at the parish office at 613-547-5004.

Fr. Cosmas Reflection

Overcoming Temptation with the Word of God

On this First Sunday of Lent, the Church invites us to walk with Jesus into the desert, where He fasted for forty days and was tempted by the devil. The Gospel from Luke (4:1-13) presents this powerful encounter between Jesus and Satan, teaching us how to overcome temptation through faith, humility, and the Word of God.

Lent is a season of prayer, fasting, and almsgiving—a time for spiritual renewal. Jesus, before beginning His public ministry, spent forty days in the wilderness, preparing Himself through fasting and prayer. This reminds us that we, too, need to strengthen our spiritual lives, especially in times of trial.

The first temptation reminds us that our lives do not depend solely on material things. In a world that prioritizes wealth and comfort, we are called to hunger for God's Word more than for earthly bread. Jesus teaches us that true satisfaction comes from trusting in God's providence.

The second temptation highlights the danger of seeking power and success at the expense of our faith. Many people compromise their values to gain influence, but Jesus reminds us: "You shall worship the Lord your God, and Him alone shall you serve" (Luke 4:8). Lent is a time to re-examine our priorities and ensure that God remains at the center of our lives. In the third temptation, the devil tries to manipulate Jesus into testing God's protection. How often do we try to control God's will rather than trust in His plan? True faith means surrendering to God's wisdom, even when we do not understand His ways.

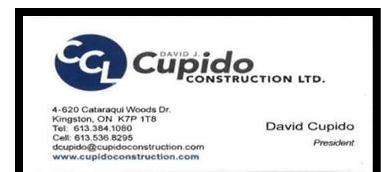
Jesus overcame temptation through prayer, fasting, and reliance on Scripture. As we journey through Lent, let us embrace these spiritual practices to resist sin and grow in holiness.

May this Lenten season be a time of renewal, drawing us closer to Christ, who strengthens us in every trial. Amen.

LENTE COLLECTION This year the Archdiocesan Lenten collection was moved to Ash Wednesday. For those who wish to contribute to the Archdiocesan Lenten collection please add your donation to the collection basket, this weekend or next weekend. The Archdiocesan Lenten collection supports local charities in our communities.

STATIONS OF THE CROSS During the weeks of Lent, the Stations of the Cross will be said on Friday evenings, following the 5:15 p.m. Mass, starting March 7, 2025. This past week's Stations of the Cross was led by members of our Parish Council. All are warmly invited to this beautiful prayer of the Church.

This week's bulletin is sponsored by:





St. Joseph's Parish Jubilee Year 2025

March - Month of the Sacrament of Penance

Pilgrims of Hope: Walking through the Healing doors of the Sacrament of Penance



CATHOLIC WOMENS LEAGUE NEWS:

The General Meeting is Monday, March 10 at 7pm in the Parish Hall. Our speaker for 7:45 is

Corporal Nathan Murano of the Kingston RCMP Border Integrity and Central Region Anti-Human Trafficking Co-ordinator. Any Parish ladies interested in this topic are welcome to join us. **ALL PARISHIONERS:** March is our collection month for St. Vincent de Paul Society of Kingston. Some of the most needed items include: Toothbrushes and toothpaste, Shampoo and conditioner, Body soap (bars or liquid), Razors, Lotion, Deodorant, Women's hygiene products – tampons are often most requested, Adult depends – large and extra-large are the most requested, and finally, Children's diapers and wipes. The full list will be on the collection boxes near each of the church entrances. Thank you for supporting this vital community resource.

LENTEN PENANCE CELEBRATION The Lenten Penance Celebration for St. Joseph's will be held on Sunday, April 6, 2025 at 2:00 p.m. Following a brief liturgy, all will have the opportunity to receive the Sacrament of Reconciliation. A number of visiting clergy will be present for this celebration, and all in the parish, and indeed from outside the parish, are most welcome to attend.

"With absolution, we are reconciled to God and the Church."



MUSICAL AFTERNOON On Thursday, March 13, 2025, from 1:00 – 3:00 p.m., join us for an afternoon of great music and to celebrate St. Patrick's Day! A musical afternoon featuring Jon McLurg and Noah St.

Amand (of Turpin's Trail), special guest Joe Sexton, for those who are Irish, and for those who "wish they were." Light refreshments will be served in the Parish Hall. Proceeds will be donated to Ryandale Transitional Housing.

NATIONAL MARCH FOR LIFE IN OTTAWA A bus will leave Kingston for the National March for Life on Thursday, May 8th, 2025, from St. Joseph's parking lot at 392 Palace Road at 7:00 am to arrive on time for Mass at St. Patrick's Basilica, 220 Kent St. at 10 am. The cost is \$40.00 per person. For more information about the March, see www.campaignlifecoalition.com and click on March for Life.

You can reserve your seat by registering in person with Susan at St. Joseph's Parish Office Monday-Friday 8:30 am-12noon and 1:00 pm-4:30 pm OR by e-transfer at kingstonmflbus@proton.me

COMMUNITY

VOLUNTEERS NEEDED AT BIRTHRIGHT- Do you want to provide practical and positive assistance to women facing an unplanned or difficult pregnancy? Are you a non-judgmental and caring individual who wants to make a difference in the life of a woman and her child? Then come

and see and hear what we do at Birthright Kingston. No experience is necessary, and we provide training. We are particularly in need of someone to help us with posting on our website and social media platforms. Please call us at 613-546-5433 or email info@kingstonbirthright.ca. Visit our website at www.kingstonbirthright.ca

SPIRITUAL REFLECTIONS WITH ARCHBISHOP

MULHALL Wednesdays; 7:00 pm St. Mary's Cathedral

We will be reflecting on the Beatitudes of St. Matthew's Gospel Chapter 5 as well as a series of Psalms of the Old Testament which we pray each day at Mass. As usual, we will also give time to the liturgical celebrations of Lent/Easter as we pass through the year. All these reflections I pray will be beneficial for us at whatever time of life or stage of our spiritual pilgrimage.

Schedule for the weekends of March 15-16, 2025

	Lectors	Eucharistic Ministers	Ushers	Music
Sat. 15 Mar. 5:15pm	S. Ottenhof M. Sivillotti	M. Thomas Sr.L.Kearney	I. Stewart S. Harrigan R.Lachance A. Kelly	Patrick
Sun. 16 Mar. 9:00am	S. Balemba D. Balemba	M. Tudin C. Purcell	I. Stewart F. Cuvelier R. Audet M.Turkington	Megan
Sun. 16 Mar. 11:00am	C.Kavanaugh R. McLaren	T. Donoghue F. Levesque	D.Fernandes J. Akhtar J. Ferreira F. Asuncion	Choir

Streaming of 11:00 a.m. Mass: D. Stadig

Junior Liturgy (9:00 a.m. Mass) No Junior Liturgy



KNIGHTS CORNER:

Ever hear the expression "charity begins at home"? Though our Council is extremely proud to support twelve local charities with financial contributions and in some cases physical/volunteer work, it is equally important that we assist our "home", that being St. Joseph's Church. Both the Parish and the Diocese have recently approved the plans for the Parish Hall Expansion Project! Our Council wanted to be the first donor toward this exciting new era for the church. Our Grand Knight, Patrick Greenwood happily presented the very first hall expansion donation of \$3000 to Fr. Ajawara. Our Council further intends on selecting specific elements of the expansion, in addition to assisting with fundraising across the Parish and community. Help our Council help our Parish, Diocese and City - join the Knights!



Follow us on Facebook at St. Joseph's Knights of Columbus Council 11670, Kingston, Ontario.

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the community.



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