

# St. Joseph's Catholic Church



## Eighteenth Sunday in Ordinary Time

August 4, 2024

*"Do not work for food that goes bad  
but work for food that endures for eternal life."*

392 Palace Road, Kingston, Ontario K7L 4T3 Tel. 613-547-5004

Email: [stjoseph.kingston@archkingston.ca](mailto:stjoseph.kingston@archkingston.ca)

Rev. Cosmas Ajawara, Pastor

Parish Website: [www.stjosephskingston.ca](http://www.stjosephskingston.ca)

Rev. Mr. Robert Wojcik, Deacon

### **Mission Statement**

*Grounded in the gospel of Jesus Christ through liturgy, Eucharistic worship and outreach, St. Joseph's Parish calls the faithful to an active involvement in parish life and responsible participation in extending Christ – like values to the wider community.*

### **Liturgy Schedule**

#### **Weekend**

Saturday: 5:15 p.m.  
Sunday: 9:00 a.m., 11:00 a.m.

#### **Weekday**

Monday 5:15 p.m.  
Tuesday 9:00 a.m.  
Wednesday 9:00 a.m.  
Thursday 9:00 a.m.  
Friday 5:15 p.m.

#### **Holy Hour and Divine Mercy Prayers**

Monday and Friday 4:00 p.m.

#### **Sacraments**

##### **Baptism**

Sunday after the 11:00 a.m. Mass – Registration required, please contact the Parish.

##### **Confession**

Monday, Friday & Saturday 4:00 p.m. – 5:00 p.m.

##### **Marriage**

Six months' notice is required, as well as a Marriage Preparation Course. Please contact the Parish.

##### **Anointing**

Please contact the Parish.

Parish Office Hours (Summer Hours)

Monday to Thursday 8:30 a.m. – 3:00 p.m.;

Friday 8:30 a.m. to 12:00 noon

Susan Lett, Parish Secretary

### **Parish Organizations**

Parish Finance Committee  
Parish Pastoral Council  
Catholic Women's League

Knights of Columbus, 11670  
Lectors  
Eucharistic Ministers  
Ministry to Sick & Homebound

Ministry to Seniors (Cards)  
Ministry at Extending Care  
Ushers

Sacristans  
Culture of Life  
Funeral Choir  
Junior Liturgy  
Sacramental Preparation  
Altar Servers  
Youth Group  
Music Ministry

#### **Parish Schools**

St. Thomas More Catholic School

Sandra Fragoso, Principal

234 Norman Rogers Dr., Kingston, ON K7M 2R4  
613-542-1575

St. Paul's Catholic School

Chantal Courneyea, Acting Principal

266 McMahon Ave., Kingston, ON K7M 3H2  
613-542-6101

Rev. Cosmas Ajawara  
Sandra Fragoso  
Kathi Colwell & Susan  
Conway Williamson  
Patrick Greenwood  
Carol Kavanaugh  
Carol Kavanaugh  
Chris Jones & Monna  
Splinter  
Judy Saunders  
Mary Clancy  
Ian Stewart  
Fran Price  
Ben Krasna  
Shirley Kelliher  
Sandra Fragoso  
Alison Bogle  
Kelly Canning  
Vacant  
Theresa Whalen-Witjes

**Eighteenth Sunday in Ordinary Time**  
**August 4, 2024**

**Introduction**

Jesus takes us seriously and promises us life. He gives us the Eucharist as food for our journey through each day.

**First Reading: Exodus 16:2-4, 12-15**

In the desert, the Israelites forgot the blessings of escaping from slavery, and instead grumbled that they were hungry.

**Second Reading: Ephesians 4:17, 20-24**

We are called to a new life in Christ.

**Gospel: John 6:24-35**

The people whom Jesus fed followed him in the search for more bread, not realizing that they should have been looking for bread which would last forever.

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**MASSES FOR THIS WEEK**

**Monday, 5 August**

5:15 p.m. Luigi Grossutti – The Family

**Tuesday, 6 August**

9:00 a.m. Ortenzia Murano – Joe Lo Faso

**Wednesday, 7 August**

9:00 a.m. Leo Devette – Annette Devette

**Thursday, 8 August**

9:00 a.m. Betty Gunhouse – Sheila Alarie

**Friday, 9 August**

5:15 p.m. Francesco Garofalo & All Deceased Family Members – Josephine Saccon

**Saturday, 10 August**

5:15 p.m. Marian Meagher – Robert Mallette

**Sunday, 11 August**

9:00 a.m. Helena Kulich – Ella & George Stoparczyk

11:00 a.m. People of the Parish

*Join our online Mass Sunday's at 11:00 a.m. visit [www.stjosephskingston.ca](http://www.stjosephskingston.ca).*

**PRAYERS FOR THE DECEASED**

You are asked to remember in prayer those recently deceased especially Mary Salsbury.

**PRAYERS FOR THOSE WHO ARE ILL**

Please remember in your prayers the following: Marcus Hacault; Donna and Joe V.; Raymond Doyle; June Alley; Peter McEnery; Joanne Koster; Mary Jackson; Paul Dowling; Bernard Ipo; Rob Hearst; Sophie Wolfe.

*If there are members of your family or friends who are ill or recently died, and for whom you wish prayers, please contact Susan at the parish office at 613-547-5004.*

This week's  
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**Fr. Cosmas Reflection**

**Opening Our Hearts to the Bread of Life.**

Today's readings invite us to reflect on God's provision and the deeper hunger that He alone can satisfy. As we gather, we are reminded of the physical and spiritual nourishment that God offers us, leading us to a deeper understanding of what it means to truly live in faith.

In the Gospel of John, Jesus makes a powerful declaration: "I am the bread of life." The crowd, having just witnessed the miracle of the loaves and fishes, is eager for more signs. They want physical bread, but Jesus offers something far greater.

Jesus speaks to the deeper hunger within each of us—a hunger that physical food can never satisfy. He invites us to believe in Him, to trust that He is the one who gives life to the world. When we come to Jesus and believe in Him, our deepest spiritual hunger is satisfied.

As we reflect on these readings, we are called to recognize the ways in which we, too, might grumble in our own deserts of life. We might find ourselves longing for immediate solutions to our problems, overlooking the deeper nourishment that God offers us through Christ.

Today's scriptures challenge us to trust in God's provision, to seek the Bread of Life that sustains us in ways that go beyond the physical. It's a call to deepen our faith, to embrace the new life that Paul speaks of, and to find our true sustenance in Jesus.

Let us open our hearts to the Bread of Life, Jesus Christ, who nourishes us in ways that the world cannot. As we partake in the Eucharist, may we be reminded of God's faithful provision and be transformed to live as renewed people, fully sustained by His grace. Amen.

**ST. JOSEPH'S 60<sup>TH</sup> ANNIVERSARY PICTORIAL DIRECTORY**

We are pleased to present our congregation with the opportunity to celebrate our 60<sup>th</sup> anniversary of the dedication of our Church and to commemorate this historic moment by being part of a photo directory. The photos will be taken from September 3 to September 13, 2024 starting at 2:30 p.m. until 8:30 p.m. and on the Saturday 9:00 a.m. to 2:00 p.m. Appointments can be booked in person after each Mass during the weekend of August 10-11, 2024 in the Parish Hall. After August 11, you can book by phone by calling Sharon Lillis at 613-549-0559.

**BUILDING FUND** The monthly collection of the Building Fund will take place August 10-11, 2024. Thank you for your continued support.

**HOLY MASS OF CHRISTIAN BURIAL FOR THE REMAINS OF ALL IRISH IMMIGRANTS** on August 7 at 2:00 p.m. at St. Mary's Cathedral for the 55 individuals recovered at KHSC.

## ST. JOSEPH'S EUCHARISTIC REVIVAL YEAR

### PILGRIMAGE TO ST. JOSEPH'S ORATORY

As part of the parish Eucharistic Revival year program – We will be visiting St. Joseph's Oratory on Saturday, September 21, 2024. Cost: \$55.00 (bus & tour); option to bring your own lunch or purchase lunch.

Coach bus will be leaving St. Joseph's Parish parking lot at 7:00 a.m. Guided tour at 10:30 a.m.; Mass at 12:15 p.m.; lunch at 1:00 p.m. until 2:00 p.m.; free time and/or museum (cost \$3.00 per person) until departure time at 3:15 p.m.; return to St. Joseph's by 6:30 p.m.

The response has been amazing and is filling up quickly. To register for our pilgrimage – forms are available at the entrances, please return **with** payment to the parish office or place in an envelope marked 'Registration' in the collection basket.

### THE CATHOLIC WOMEN'S LEAGUE NEWS A NOTE FOR ALL PARISHIONERS:

Just a quick update on our *Recycling Works!* project. *Earthub Ottawa* did a special pickup here in Kingston on Sunday, July 28th, and Jane Watts took our accumulated items to them. On August 25th, there will be another pickup at the *Memorial Centre Farmers' Market* from 9am to 2pm. **Earthub is now accepting three NEW items!** 1) **32oz / 900 or 907g Yogurt Containers** that will be reused in school classrooms; 2) **Crayons** – including broken ones – that will be used in conjunction with; 3) **Empty Lip Balm & Glue Stick Tubes (NO Lipsticks)**, to create 'push-up' crayons for the *Operation Christmas Child* shoeboxes. Please donate the crayons in a zipper baggie. Everything must be cleaned before dropping into the new bins placed in the *Recycling Works!* area. Please remember that a fee of 10¢ is required with each Prescription Bottle donated. *Earthub Ottawa* is also looking for volunteers to help sort and count items at their collection booth. If you'd like to join them for a couple of hours or the whole day, send an email to: [environment@earthub.ca](mailto:environment@earthub.ca) It's a great opportunity to give back to the community and help keep the earth green...

### COMMUNITY

**FINDING GOD IN ORDINARY LIFE - EVENINGS OF REFLECTION** open to all. Time to listen, pray, discover God in your daily life, as St. Josemaria Escriva taught. Newcomers welcome. Learn more at [opusdei.ca](http://opusdei.ca).

Women's Recollection: Tuesday, August 20 7-9pm at St. Joseph's Church

Men's Recollection: Wednesday, August 21 7-9pm at St. James Chapel beside St. Mary's Cathedral.

Come when you can, leave as you need. Be refreshed!

**THE ST. MARY'S DROP-IN CENTRE** is in need of the following items. Would you be able to donate one or more of these items? For donations that would total over \$25 we can give an in-kind tax receipt. Purchase your item(s) and bring your receipt to Liz in the parish office and then drop the item(s) over to the Parish Centre or in the blue container at the Johnson St. entrance to the Cathedral. Here are the

items most needed: cans of tuna, canned chicken, canned ham, pasta, pasta sauce, men's short sleeve shirts, men's lightweight track pants, men and women's underwear - all sizes, men and women's shoes- all sizes. Thank you in advance for your generosity.

### ENCOUNTER SCHOOL (OUR LADY OF DIVINE FIRE

**MISSION)** MORE than a Bible Study, the Encounter School is a place to journey together with like-minded believers to EXPERIENCE the transforming POWER of the GOSPEL for holiness, healing, freedom and mission. In each of the four quarters from September to May, you will explore the richness of Scripture and Tradition, grow in intimacy with God, and learn and practice tools to demonstrate the love of God in your sphere of influence. Classes are held Monday evenings (6:15 – 9:30 pm) at St. Paul the Apostle Catholic Church, 1111 Taylor-Kidd Blvd., Kingston. Apply now at <https://encounterschool.org/kingston> or contact Miriam at [kingston@encounterschool.org](mailto:kingston@encounterschool.org) for more information.

### Schedule for the week of August 10-11, 2024

	Lectors	Eucharistic Ministers	Ushers
<b>Saturday 10 Aug 5:15 p.m</b>	C. Jones M. MacVicar	Sr.L. Kearney C. Purcell	I. Stewart R. Lachance D. Mazzolin
<b>Sunday 11 Aug 9:00 a.m.</b>	M. Addai N. Ehi-Ekome	C. Purcell A.MacKinnon	I. Stewart F. Cuvelier R. Audet M.Turkington
<b>Sunday 11 Aug 11:00a.m</b>	C. Kavanaugh F. Levesque	S.Broekhoven K. Colwell	B. Krasna F. Asuncion J. Akhtar L. Garrett J. Ferreira

### KNIGHTS CORNER: Who are your Knights of Columbus?



Look around, you will see us attending masses, acting as ushers, lectors, eucharistic ministers, delivering Christmas hampers, BBQing at Parish events, acting as pallbearers, organizing an annual dinner for retired priests and donating time and money to local charities, to mention but a few things. Our Council Executive is: Grand Knight Patrick Greenwood, Deputy Grand Knight Frank Cuvelier, Chaplain Fr. Cosmas Ajawara, Chancellor Ben Krasna, Recorder Chris Catry, Financial Secretary Jeff Morgenstern, Treasurer Wayne Primeau, Avocate Roger Audet, Warden Gerry Majoros, Inside Guard John Ferreira, Outside Guard Jean-Claude Trottier, Trustee Year 1 Hani Asfur, Trustee Year 2 Sandro Fiorentino, & Trustee Year 3 Jamie Cassell. If you're a Catholic man in the parish, and aren't already a Knight, you should consider joining our fraternal, loyal, patriotic and faith based Order. There is no pressure to join the Executive or take on a larger role, other than being a Knight.



Follow us on Facebook at St. Joseph's Knights of Columbus Council 11670, Kingston, Ontario!

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