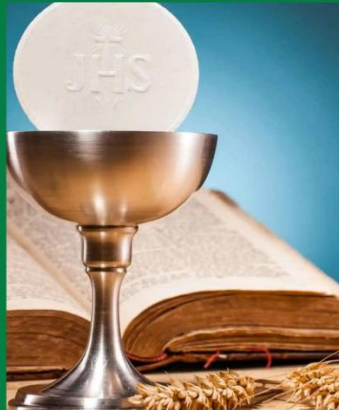


St. Joseph's Catholic Church



Twentieth Sunday in Ordinary Time

August 18, 2024

"I am the living bread that came down from heaven."

392 Palace Road, Kingston, Ontario K7L 4T3 Tel. 613-547-5004

Email: stjoseph.kingston@archkingston.ca

Parish Website: www.stjosephskingston.ca

Rev. Cosmas Ajawara, Pastor

Rev. Mr. Robert Wojcik, Deacon

Mission Statement

Grounded in the gospel of Jesus Christ through liturgy, Eucharistic worship and outreach, St. Joseph's Parish calls the faithful to an active involvement in parish life and responsible participation in extending Christ – like values to the wider community.

Liturgy Schedule

Weekend

Saturday: 5:15 p.m.
Sunday: 9:00 a.m., 11:00 a.m.

Weekday

Monday 5:15 p.m.
Tuesday 9:00 a.m.
Wednesday 9:00 a.m.
Thursday 9:00 a.m.
Friday 5:15 p.m.

Holy Hour and Divine Mercy Prayers

Monday and Friday 4:00 p.m.

Sacraments

Baptism

Sunday after the 11:00 a.m. Mass – Registration required, please contact the Parish.

Confession

Monday, Friday & Saturday 4:00 p.m. – 5:00 p.m.

Marriage

Six months' notice is required, as well as a Marriage Preparation Course. Please contact the Parish.

Anointing

Please contact the Parish.

Parish Office Hours (Summer Hours)
Monday to Thursday 8:30 a.m. – 3:00 p.m.;
Friday 8:30 a.m. to 12:00 noon
Susan Lett, Parish Secretary

Parish Organizations

Parish Finance Committee
Parish Pastoral Council
Catholic Women's League

Knights of Columbus, 11670
Lectors
Eucharistic Ministers
Ministry to Sick & Homebound

Ministry to Seniors (Cards)
Ministry at Extencicare
Ushers
Sacristans
Culture of Life
Social Justice & Outreach Liaison
Funeral Choir
Junior Liturgy
Sacramental Preparation
Altar Servers
Youth Group
Music Ministry

Parish Schools

St. Thomas More Catholic School
Sandra Fragoso, Principal
234 Norman Rogers Dr., Kingston, ON K7M 2R4
613-542-1575

St. Paul's Catholic School
Chantal Courneyea, Acting Principal
266 McMahon Ave., Kingston, ON K7M 3H2
613-542-6101

Rev. Cosmas Ajawara
Sandra Fragoso
Kathi Colwell & Susan
Conway Williamson
Patrick Greenwood
Carol Kavanaugh
Carol Kavanaugh
Chris Jones & Monna
Splinter
Judy Saunders
Mary Clancy
Ian Stewart
Fran Price
Ben Krasna
Jane Watt
Shirley Kelliher
Sandra Fragoso
Alison Bogle
Kelly Canning
Vacant
Theresa Whalen-Witjes

Twentieth Sunday in Ordinary Time
August 18, 2024

Introduction

As a community of faith, we gather to celebrate the great gift of Christ himself in the Eucharist. To those who eat his body and drink his blood, Jesus promises the fullness of eternal life.

First Reading: Proverbs 9:1-6

Wisdom, personified in the feminine, invites all to partake of a rich feast in a lavish or sacred setting which leads to a life of worth.

Second Reading: Ephesians 5:15-20

A prudent Christian should model their life here and now on the life to come and not be tempted by worldly charms.

Gospel: John 6:51-58

Jesus promises eternal life to those who eat his body and drink his blood in the Eucharist.

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MASSES FOR THIS WEEK

Monday, 19 August

5:15 p.m. Mary Ellen Jefferies (6th Anniversary) – Elaine Hamilton

Tuesday, 20 August

9:00 a.m. Alma Caroline Jackson – Mary Jackson

Wednesday, 21 August

9:00 a.m. Rosemary Woods – Francis & Josephine Prevost

Thursday, 22 August

9:00 a.m. Vincente Domingo (7th Anniversary) – Del Velasco & Family

Friday, 23 August

5:15 p.m. Walter Nuvoloni – The Family

Saturday, 24 August

5:15 p.m. Frances & Douglas Blodgett – William & Shirley Metcalfe

Sunday, 25 August

9:00 a.m. Audrey Lacey

11:00 a.m. People of the Parish

Join our online Mass Sunday's at 11:00 a.m. visit www.stjosephskingston.ca.

PRAYERS FOR THE DECEASED

You are asked to remember in prayer those recently deceased especially Jose Dunga.

PRAYERS FOR THOSE WHO ARE ILL

Please remember in your prayers the following: Donna and Joe V.; Raymond Doyle; June Alley; Peter McEnery; Joanne Koster; Mary Jackson; Paul Dowling; Bernard Ipo; Rob Hearst; Sophie Wolfe; Rev. Mac Burke.

If there are members of your family or friends who are ill or recently died, and for whom you wish prayers, please contact Susan at the parish office at 613-547-5004.

Fr. Cosmas Reflection

Participating in the great Eucharistic Banquet

Today, the Church continues to lead us through the sixth chapter of the Gospel of John, where Jesus proclaims Himself as the Bread of Life. This chapter is central to our understanding of the Eucharist and the profound mystery of God's love and presence among us.

In the Gospel, Jesus echoes this invitation, but He goes even further. He offers Himself as the true Bread from Heaven. Jesus says, "Whoever eats my flesh and drinks my blood has eternal life, and I will raise them up at the last day" (John 6:54). This statement is shocking, even scandalous, to His listeners, and it might be unsettling to us as well if we truly grasp its meaning. Jesus is not speaking metaphorically; He is speaking of the reality of the Eucharist. The Eucharist is the food that sustains us on our spiritual journey, nourishes our souls, and strengthens our bond with Christ and with one another.

To partake in the Eucharist is to accept Jesus' invitation to live in communion with Him. But it's not just about what happens at Mass; it's about how we live our lives every day. We are called to live a Eucharistic life—a life that reflects the self-giving love of Christ. Just as Jesus gave Himself for us, we are called to give ourselves for others.

This means living with love, mercy, and compassion. It means forgiving those who have wronged us, helping those in need, and being witnesses to the hope and joy that come from knowing Christ. The Eucharist compels us to go out and be Christ's presence in the world.

SACRAMENT OF FIRST RECONCILIATION AND FIRST COMMUNION

If you have a child in grade 2 or higher who wishes to receive these Sacraments, there will be a parents' meeting in October (dates will be confirmed and published in the bulletin next week).

SACRAMENT OF CONFIRMATION

If you have a child in grade 8 or higher who wishes to receive this Sacrament, there will be a parents' meeting in October (dates will be confirmed and published in the bulletin next week).

There will be a third date available for anyone not able to make their meeting date.

Parents are required to attend one of the meeting dates above.

Any questions, please contact the Parish Office – 613-547-5004

ONLINE REGISTRATION IS NOW OPEN visit our website

**to register www.stjosephskingston.ca
REGISTRATION CLOSES OCTOBER 7TH, 2024
NO LATE REGISTRATIONS WILL BE ACCEPTED.**

This week's bulletin is sponsored by:



ST. JOSEPH'S 60TH ANNIVERSARY PICTORIAL DIRECTORY We are pleased to present our congregation with the opportunity to celebrate our 60th anniversary of the dedication of our Church and to commemorate this historic moment by being part of a photo directory. The photos will be taken from September 3 to September 13, 2024 starting at 2:30 p.m. until 8:30 p.m. and on the Saturday 9:00 a.m. to 2:00 p.m. To book your appointment call Sharon Lillis at 613-549-0559.

ST. JOSEPH'S EUCHARISTIC REVIVAL YEAR

PILGRIMAGE TO ST. JOSEPH'S ORATORY

As part of the parish Eucharistic Revival year program – We will be visiting St. Joseph's Oratory on Saturday, September 21, 2024. **BUS IS NOW FULL.** If you wish to be put on a waiting list please contact Susan at the Parish Office.

THE CATHOLIC WOMEN'S LEAGUE NEWS A NOTE

FOR ALL PARISHIONERS: Just a quick update on our *Recycling Works!* project. *Earthub Ottawa* did a special pickup here in Kingston on Sunday, July 28th, and Jane Watts took our accumulated items to them. On August 25th, there will be another pickup at the *Memorial Centre Farmers' Market* from 9am to 2pm. **Earthub is now accepting three NEW items!** 1) **32oz / 900 or 907g Yogurt Containers** that will be reused in school classrooms; 2) **Cravons** – including broken ones – that will be used in conjunction with; 3) **Empty Lip Balm & Glue Stick Tubes** (NO Lipsticks), to create 'push-up' crayons for the *Operation Christmas Child* shoeboxes. Please donate the crayons in a zipper baggie. Everything must be cleaned before dropping into the new bins placed in the *Recycling Works!* area. Please remember that a fee of 10¢ is required with each Prescription Bottle donated. *Earthub Ottawa* is also looking for volunteers to help sort and count items at their collection booth. If you'd like to join them for a couple of hours or the whole day, send an email to: environment@earthub.ca It's a great opportunity to give back to the community and help keep the earth green...

COMMUNITY

FINDING GOD IN ORDINARY LIFE - EVENINGS OF REFLECTION

open to all. Time to listen, pray, discover God in your daily life, as St. Josemaria Escriva taught. Newcomers welcome. Learn more at opusdei.ca.
 Women's Recollection: Tuesday, August 20 7-9pm at St. Joseph's Church
 Men's Recollection: Wednesday, August 21 7-9pm at St. James Chapel beside St. Mary's Cathedral.
 Come when you can, leave as you need. Be refreshed!

ENCOUNTER SCHOOL (OUR LADY OF DIVINE FIRE MISSION)

MORE than a Bible Study, the Encounter School is a place to journey together with like-minded believers to EXPERIENCE the transforming POWER of the GOSPEL for holiness, healing, freedom and mission. In each of the four quarters from September to May, you will explore the richness

of Scripture and Tradition, grow in intimacy with God, and learn and practice tools to demonstrate the love of God in your sphere of influence. Classes are held Monday evenings (6:15 – 9:30 pm) at St. Paul the Apostle Catholic Church, 1111 Taylor-Kidd Blvd., Kingston. Apply now at <https://encounterschool.org/kingston> or contact Miriam at kingston@encounterschool.org for more information.

TRINITAS YOUTH SINGERS

Give your child the gift of music. Registration is now open for our second season of engaging weekly rehearsals and exciting performing opportunities. The Trinitas singers are an acclaimed faith-filled and supportive choir for children ages 7-16. You can hear the choir at www.youtube.com/@TrinitaSingers or visit <https://www.facebook.com/TrinitaSingers>. For more information please contact Jeffrey Moellman at trinitas.singers@gmail.com.

ST. PATRICK'S ANNUAL CEMETERY MASS

Saturday, September 14; 11 am Keeley Road, Sydenham, Ontario A cemetery Mass is being held in memory of our deceased family members. Please bring a lawn chair. Refreshments to follow at the Byrne Parish Centre, 3977 Sydenham Road.

Schedule for the week of August 24-25, 2024

	Lectors	Eucharistic Ministers	Ushers
Saturday 24 Aug 5:15 p.m	M. Sivilotti P. Scott	J. Saunders M. Thomas	I. Stewart R. Lachance D. Mazzolin
Sunday 25 Aug 9:00 a.m.	D. Balemba S. Balemba	A. MacKinnon J. Kane	I. Stewart F. Cuvelier S. Fiorentino M. Turkington
Sunday 25 Aug 11:00a.m	C. Kavanaugh F. Levesque	M. Foley K. Colwell	J. McLaren A. Parmar D. Fernandes L. Garrett B. Krasna

KNIGHTS CORNER:



The Knights are strong supporters of the rights of the unborn and as such, of the 40 Days for Life campaign, which is coming to Kingston for the first time this fall, 25th September-3rd November, located by Kingston General Hospital. 40 Days for Life is a peaceful prayer vigil where participants commit to a one-hour time slot to pray in public for an end to abortion. It will run for 12 hours per day. Please visit 40daysforlife.com for more information. Please spread the word to family, neighbours, and friends and sign up for a time slot on the website for the Kingston campaign. Sign up today! Catholic man? Member of the St. Joseph's parish community? Not a Knight? Why not? Help us help our parish and community through good works, deeds and charity. It's as good for you as it is for those who benefit.



Follow us on Facebook at St. Joseph's Knights of Columbus Council 11670, Kingston, Ontario!

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