

St. Joseph's Catholic Church



Nineteenth Sunday in Ordinary Time

August 11, 2024

"I am the living bread that came down from heaven."

392 Palace Road, Kingston, Ontario K7L 4T3 Tel. 613-547-5004

Email: stjoseph.kingston@archkingston.ca

Parish Website: www.stjosephskingston.ca

Rev. Cosmas Ajawara, Pastor

Rev. Mr. Robert Wojcik, Deacon

Mission Statement

Grounded in the gospel of Jesus Christ through liturgy, Eucharistic worship and outreach, St. Joseph's Parish calls the faithful to an active involvement in parish life and responsible participation in extending Christ – like values to the wider community.

Liturgy Schedule

Weekend

Saturday: 5:15 p.m.
Sunday: 9:00 a.m., 11:00 a.m.

Weekday

Monday 5:15 p.m.
Tuesday 9:00 a.m.
Wednesday 9:00 a.m.
Thursday 9:00 a.m.
Friday 5:15 p.m.

Holy Hour and Divine Mercy Prayers

Monday and Friday 4:00 p.m.

Sacraments

Baptism

Sunday after the 11:00 a.m. Mass – Registration required, please contact the Parish.

Confession

Monday, Friday & Saturday 4:00 p.m. – 5:00 p.m.

Marriage

Six months' notice is required, as well as a Marriage Preparation Course. Please contact the Parish.

Anointing

Please contact the Parish.

Parish Office Hours (Summer Hours)
Monday to Thursday 8:30 a.m. – 3:00 p.m.;
Friday 8:30 a.m. to 12:00 noon
Susan Lett, Parish Secretary

Parish Organizations

Parish Finance Committee
Parish Pastoral Council
Catholic Women's League

Knights of Columbus, 11670
Lectors
Eucharistic Ministers
Ministry to Sick & Homebound

Ministry to Seniors (Cards)
Ministry at Extending Care
Ushers
Sacristans

Culture of Life
Funeral Choir
Junior Liturgy
Sacramental Preparation
Altar Servers
Youth Group
Music Ministry

Parish Schools

St. Thomas More Catholic School
Sandra Fragoso, Principal
234 Norman Rogers Dr., Kingston, ON K7M 2R4
613-542-1575

St. Paul's Catholic School
Chantal Courneyea, Acting Principal
266 McMahon Ave., Kingston, ON K7M 3H2
613-542-6101

Rev. Cosmas Ajawara
Sandra Fragoso
Kathi Colwell & Susan
Conway Williamson
Patrick Greenwood
Carol Kavanaugh
Carol Kavanaugh
Chris Jones & Monna
Splinter
Judy Saunders
Mary Clancy
Ian Stewart
Fran Price
Ben Krasna
Shirley Kelliher
Sandra Fragoso
Alison Bogle
Kelly Canning
Vacant
Theresa Whalen-Witjes

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Introduction

We gather to share in the bread of life that is Christ himself. He is present for us in his word and his sacrament. Our faith rejoices in what we are about to celebrate.

First Reading: 1 Kings 19:4-8

God's angel sustains and encourages Elijah in his journey to his meeting with God.

Second Reading: Ephesians 4:30-5:2

Paul calls us to imitate Christ in his compassionate love.

Gospel: John 6:41-51

Christ reveals himself as the bread come down from heaven. Eternal life is promised to those who believe in him.

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MASSES FOR THIS WEEK

Monday, 12 August

5:15 p.m. Anna Raaymakers – Ress Young

Tuesday, 13 August

9:00 a.m. Genevieve Vidal – Rose Griffin

Wednesday, 14 August

9:00 a.m. Gerard Cook (3rd Anniversary) – Brenda Murphy

Thursday, 15 August

9:00 a.m. Walter Nuvoloni – Angelo & Angela Gencarelli

Friday, 16 August

5:15 p.m. Marty, Larry & Mary Swanson – Karin Long

Saturday, 17 August

5:15 p.m. Joseph Sammon – Shirley Kelliher

Sunday, 18 August

9:00 a.m. Luc Richard – The Family

11:00 a.m. People of the Parish

Join our online Mass Sunday's at 11:00 a.m. visit www.stjosephskingston.ca.

PRAYERS FOR THE DECEASED

You are asked to remember in prayer those recently deceased especially Marian Froats.

PRAYERS FOR THOSE WHO ARE ILL

Please remember in your prayers the following: Marcus Hacault; Donna and Joe V.; Raymond Doyle; June Alley; Peter McEnergy; Joanne Koster; Mary Jackson; Paul Dowling; Bernard Ipo; Rob Hearst; Sophie Wolfe.

If there are members of your family or friends who are ill or recently died, and for whom you wish prayers, please contact Susan at the parish office at 613-547-5004.

This week's bulletin is sponsored by:



Fr. Cosmas Reflection

Taste and See the Goodness of the Lord

Today's readings present a powerful message of God's sustaining presence in our lives. Whether we are weary and despondent like Elijah, or called to live in love as Paul exhorts, we find our true sustenance in Jesus, the Bread of Life.

In the Gospel of John, Jesus continues His discourse on the Bread of Life which was presented to us last Sunday. He addresses the grumbling of the crowd, who struggle to understand how He can offer Himself as bread from heaven. Jesus emphasizes that He is the living bread, come down from heaven, and that whoever eats this bread will live forever.

This teaching challenges us to look beyond the physical and to recognize the deeper spiritual reality that Jesus offers. He is our ultimate sustenance, the one who nourishes our souls and gives us eternal life. When we partake in the Eucharist, we are not just performing a ritual; we are encountering the living Christ who sustains us.

As we reflect on these readings, we are invited to consider how we seek nourishment in our own lives. Are we like Elijah, needing God's provision in our moments of despair? Are we striving to live out the love and forgiveness that Paul speaks of, needing Christ's example and sustenance to do so?

We are also challenged to deepen our understanding of the Eucharist. Each time we receive the Body and Blood of Christ, we are being spiritually nourished, strengthened for our journey, and called to live out our faith in concrete, loving actions.

Let us accept the sustenance that God offers us. In our moments of need, let us trust in His provision. As we receive the Bread of Life, let us be transformed and empowered to live out the love and compassion that Christ exemplifies. May we always "taste and see the goodness of the Lord" and find our strength in Him. Amen.

ST. JOSEPH'S 60TH ANNIVERSARY PICTORIAL DIRECTORY

We are pleased to present our congregation with the opportunity to celebrate our 60th anniversary of the dedication of our Church and to commemorate this historic moment by being part of a photo directory. The photos will be taken from September 3 to September 13, 2024 starting at 2:30 p.m. until 8:30 p.m. and on the Saturday 9:00 a.m. to 2:00 p.m. Appointments can be booked in person after each Mass during **this weekend, August 10-11, 2024** in the Parish Hall. After August 11, you can book by phone by calling Sharon Lillis at 613-549-0559.

BUILDING FUND The monthly collection of the Building Fund will take place this weekend, August 10-11, 2024. Thank you for your continued support.

ST. JOSEPH'S EUCHARISTIC REVIVAL YEAR

PILGRIMAGE TO ST. JOSEPH'S ORATORY

As part of the parish Eucharistic Revival year program – We will be visiting St. Joseph's Oratory on Saturday, September 21, 2024. Cost: \$55.00 (bus & tour); option to bring your own lunch or purchase lunch. Coach bus will be leaving St. Joseph's Parish parking lot at 7:00 a.m. Guided tour at 10:30 a.m.; Mass at 12:15 p.m.; lunch at 1:00 p.m. until 2:00 p.m.; free time and/or museum (cost \$3.00 per person) until departure time at 3:15 p.m.; return to St. Joseph's by 6:30 p.m. The response has been amazing and is filling up quickly. To register for our pilgrimage – forms are available at the entrances, please return **with** payment to the parish office or place in an envelope marked 'Registration' in the collection basket.

THE CATHOLIC WOMEN'S LEAGUE NEWS A NOTE FOR

ALL PARISHIONERS: Just a quick update on our *Recycling Works!* project. *Earthub Ottawa* did a special pickup here in Kingston on Sunday, July 28th, and Jane Watts took our accumulated items to them. On August 25th, there will be another pickup at the *Memorial Centre Farmers' Market* from 9am to 2pm. **Earthub is now accepting three NEW items! 1) 32oz / 900 or 907g Yogurt Containers** that will be reused in school classrooms; **2) Crayons** – including broken ones – that will be used in conjunction with; **3) Empty Lip Balm & Glue Stick Tubes (NO Lipsticks)**, to create 'push-up' crayons for the *Operation Christmas Child* shoeboxes. Please donate the crayons in a zipper baggie. Everything must be cleaned before dropping into the new bins placed in the *Recycling Works!* area. Please remember that a fee of 10¢ is required with each Prescription Bottle donated. *Earthub Ottawa* is also looking for volunteers to help sort and count items at their collection booth. If you'd like to join them for a couple of hours or the whole day, send an email to: environment@earthub.ca It's a great opportunity to give back to the community and help keep the earth green...

COMMUNITY

FINDING GOD IN ORDINARY LIFE - EVENINGS OF REFLECTION

open to all. Time to listen, pray, discover God in your daily life, as St. Josemaria Escriva taught. Newcomers welcome. Learn more at opusdei.ca.

Women's Recollection: Tuesday, August 20 7-9pm at St. Joseph's Church

Men's Recollection: Wednesday, August 21 7-9pm at St. James Chapel beside St. Mary's Cathedral.

Come when you can, leave as you need. Be refreshed!

BIRTHRIGHT NEWS-

Thank you to St. Joseph's parishioners for your generosity to the moms and babies at Birthright. Our baby bottle campaign was a tremendous success again this year, bringing in \$28,335.00 from seventeen participating churches in our archdiocese. St. Joseph's parish contributed \$1605.31 of that total. There are still 11 bottles yet to be returned. If you have one and can return it to the church full or empty, we would appreciate having it for next year. May God bless you for your love and support of our tiniest and most vulnerable human beings and their moms.

CATHOLIC GIRLS CLUB & COMPANIONS OF ST.

MICHAEL CATHOLIC BOYS CLUB Thursday Evenings CFB Kingston (35 Lundy's Lane) & Kingston Military Family Resource Centre. The goal of the Catholic Girl's Club and the Companions of St. Michael (Boy's Club) is to help girls and boys grow in virtue, living the fullness of the Catholic faith! Girls ages 3-16 and boys ages 6-16 are welcome to join. More information can be found on our entrance bulletin boards or contact contact Holly (Girl's Club) at catholicgirlsclub@gmail.com or Darren (Boy's Club) at darrenpetras@live.com.

ENCOUNTER SCHOOL (OUR LADY OF DIVINE FIRE MISSION)

MORE than a Bible Study, the Encounter School is a place to journey together with like-minded believers to EXPERIENCE the transforming POWER of the GOSPEL for holiness, healing, freedom and mission. In each of the four quarters from September to May, you will explore the richness of Scripture and Tradition, grow in intimacy with God, and learn and practice tools to demonstrate the love of God in your sphere of influence. Classes are held Monday evenings (6:15 – 9:30 pm) at St. Paul the Apostle Catholic Church, 1111 Taylor-Kidd Blvd., Kingston. Apply now at <https://encounterschool.org/kingston> or contact Miriam at kingston@encounterschool.org for more information.

Schedule for the week of August 17-18, 2024

	Lectors	Eucharistic Ministers	Ushers
Saturday 17 Aug 5:15 p.m	H. Couto M. Sivilotti	M. Thomas L. Bickerstaffe	I. Stewart P. Scott R. Lachance D. Mazzolin
Sunday 18 Aug 9:00 a.m.	N. Ehi-Ekome C. Charbonneau	J. Kane M. Marcial	I. Stewart F. Cuvelier S. Fiorentino R. Audet
Sunday 18 Aug 11:00a.m	R. McLaren R. McDonald	C. Kavanaugh T. Donoghue	B. Krasna L. Garrett J. McLaren I. MacKenzie



KNIGHTS CORNER: 2017 was a record-setting year worldwide for the Knights of Columbus. An unprecedented \$185.6 million in donations and 75.6 million hours of service was provided worldwide, across 16,000 Councils around the world. All

Knights of Columbus Councils focus their energies primarily in their local communities. Your St. Joseph's Council directly supports: St. Vincent de Paul Society Kingston, St. Mary's Cathedral Drop In Centre & Veronica's Veil, UKHF Providence Manor & Hospice Kingston, Ryandale Transitional Housing, Algonquin and Lakeshore Foundation, The Food Sharing Project, Homes for Heroes Kingston, Special Olympics, Habitat for Humanity Kingston Limestone Region, Partners in Mission Food Bank, Birthright, St. Joseph Parish Christmas Baskets & The RND Gus Fraser Bursary. Last year over \$30,000 was donated by St. Joseph's Council.

Catholic men of the Parish should consider joining to keep the charitable aspect of the Council going!



Follow us on Facebook at St. Joseph's Knights of Columbus Council 11670, Kingston, Ontario!

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the community.



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